

Action Item: Take Inventory Of Your Networking Habits

Have you posted on your NIA profile an introductory email so others can make an easy introduction for you? If not, take a moment to add an email that makes it easy for members to introduce you.

Action Item Two: Take Inventory Of Your Networking Skills

| | Yes | No |
|---------------------------------------------------------------------------------------------|-----|----|
| I have great lighting that puts my best virtual face forward. | | |
| I have adequate equipment where people on an online networking event can hear me. | | |
| I present myself 100% of the time on the screen and not a Glamour shot. | | |
| I show up on time, stay to the end and add value where I can. | | |
| I always have a goal of following up with people and follow thru on that goal. | | |
| I can succinctly let people know what I do. | | |
| I know how to quickly let others know who I am looking to meet. | | |
| I make it a point to stay in touch at least monthly with contacts I meet online. | | |
| I have passed a referral or made an introduction to help others on these networking events. | | |
| I have a system for following up with others. | | |